



Bennett Orthopedics & Sportsmedicine

Regenerating the Youth

In You!

William F Bennett MD
Specializing in:

Shoulders/Knees
Arthroscopy
Cartilage Regeneration
Minimally Invasive
Joint Replacement

CURRICULUM VITAE

NAME:

William F. Bennett M.D.

CURRENT POSITION:

Bennett Orthopedics & Sportsmedicine

BIRTHDATE:

14 August, 1962

CITIZENSHIP:

U.S.A.

UNDERGRADUATE EDUCATION:

B.S.
Wake Forest University
Winston-Salem, North Carolina
1984

GRADUATE EDUCATION:

M.D.
University of Connecticut
School of Medicine
1988

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Sarasota, FL. 34239
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POSTGRADUATE TRAINING:

Internship	Department of Surgery Baylor University Medical Center Dallas, Tx. 1989
Residency	Orthopaedic Surgery University of South Florida Tampa, FL. 1990 Orthopaedic Surgery The University of Health Science Center Houston, Tx. 1991-1993
Fellowships	Upper Extremity Fellowship- AO/ASIF Christian Gerber Fribourg, Switzerland April-June 1993 Sportsmedicine Fellowship Los Angeles Orthopaedic Institute Sherman Oaks, Ca. 1993- 1994

HONORS AWARDS:

Consumer Council	America's Top Surgeons- 2006
Who's Who	Physicians- 2006
Residency	1991 Scholarship Award/Highest OITE Score Anatomy Proctor
Medical School	Surgical Scholar Sigma Xi-Research Society
Undergraduate	Phi Beta Kappa Magna Cum Laude/Honors

PROFESSIONAL COURSES:

Ilizarov Tampa, FL. 1990
Midas Rex Clearwater, FL. 1990
Orthotics/Pros Dallas, Tx. 1990
AAOS Upper Extremity San Diego, Ca. 1991
Advanced AO Course, Davos, Switzerland 1991
AAOS Pediatric Rev. Palm Springs, Ca. 1992
AOSSM Basic Science Chicago, IL. 1993
AAOS Men. Allografts San Francisco, Ca. 1993
AANA Arthroscopy of the Shoulder N.M. 1993
AOFAS Sportsmedicine of the Foot Ankle, Sun Valley, Idaho 1994
Controversies in Surgery of the Shoulder/Knee, H. Head, S.C. 1994
Arthroscopic Surgery of the Shoulder, San Diego, Ca. 1995
AANA, San Diego, Ca. 1997
AOSSM, Sun Valley, Idaho 1997
AAOS, 1991-2002

Specialty- **ASES**
 ANNA
 AOSSM

AOSSM, MARQUEE SHOULDER, Orlando, FL. 1998
AANA, Orlando, FL.1998
ESSKA, Nice, France 1998
AANA, Vancouver, British Columbia 1999
ISAKOS, Washington, DC, 1999
FOS, Destin, FL. 1998-9
MRI Imaging In Sportsmedicine, San Francisco 2000
AANA Annual- 2000
AOSSM Annual-2003
ANNA Annual- 2004
Zimmer-Quad Sparing Knee- Orlando-2005
Zimmer-Minimally Invasive Hip- Tucson-2005
Controversies Shoulder Surg- Nottage, Newport Beach, Ca. 2005
Encore Reverse Shoulder Prosthesis-Rosemont, IL.2006
Tornier Reverse Shoulder Prosthesis- Orlando, 2006
Current Concepts Shoulder, ASES- Orlando, 2006
AAOS Annual- 2006

Specialty- **ASES**
 AANA
 AOSSM

Current Concepts- Arthroplasty- Las Vegas, 2006
ICRS Annual Meeting- Miami 2006
AANA- Annual 2006
AOSSM-Annual 2006
Shoulder Course- Frankle, Tampa, FL. 2006
AAOS- San Diego, 2007

Specialty Day-
 ASES
 AANA
 AOSSM

ICL **Proximal Humerus Fractures**

GraftJacket® Matrix Science Symposium, 2nd Annual, Chicago, IL.2007
Encore Product Training Workshop and Cadaver Lab, Las Vegas, 2007
World Congress Cartilage Repair, Warsaw, Poland, 2007

Advanced Cartilage Regeneration Techniques, Philadelphia, 2007
World Congress ICRS, Warsaw, Poland, 2007
AAOS Annual Meeting San Francisco, 2008
Biennial Shoulder/Elbow AAOS/ASES, Orlando, 2008
AOSSM, Orlando, 2008

PROFESSIONAL ORGANIZATIONS:

American Orthopedic Society for Sportsmedicine-	Active
Arthroscopy Association of North America-	Active
International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine-	Active
International Cartilage Repair Society	Active
American Academy Orthopaedic Surgeons	Fellow
American Board Orthopaedic Surgeons	Certified
AO Alumni Association	Alumni
Florida Orthopedic Society	Member

LICENSURE:

Florida-11/10/89
#56557

Texas-2/28/92
#J0806

California-3/3/93
#G076044

Lectureship/Faculty/Instructor/Appointments:

- | | | |
|----|---|----------------|
| 1) | ED Smith Lectureship- UTHSC, Houston, Tx.
The Shoulder and Elbow/Current Concepts.
The Stiff Shoulder
Massive Rotator Cuff Tears | 1995 |
| 2) | ISAKOS- Washington, D.C.
Electronic Media in Sportsmedicine | 1999 |
| 3) | AANA LEARNING CENTER- Chicago, IL.
Associate Master Instructor | 1999/2000/2001 |
| 4) | Shoulder Controversies- UCI, Irvine, Ca.
Arthroscopic Subscapularis
Arthroscopic Pulley | 2005 |
| 5) | American Orthopedic and Sportsmedicine Society
Council of Delegates-Florida | 2005-08 |
| 6) | Genzyme Lecturer- | Present |

SCIENTIFIC EXHIBITS:

1. Bennett WF: Subscapularis, Medial and Lateral Coracohumeral Ligament Insertion Anatomy. Arthroscopic Appearance and Incidence of the "Hidden" Rotator Interval Lesion. AAOS Annual Meeting, Orlando, FL. 2000

PATENTS:

- | | |
|---|---------------|
| Arthroscopic Rotator Cuff Repair Apparatus- | #6,013,083 |
| Arthroscopic Rotator Cuff Repair Method- | #6,206,886 B1 |
| Snap Fit Soft Tissue Fixation Device- | #6,491,714 B1 |

EDITORIAL:

- | | |
|---|--------------|
| Reviewer- Arthroscopy Journal | Present-1995 |
| Editorial Board Journal of Arthroscopy, | 2006-2001 |
| Reviewer- Clinical Anatomy | Present |

BIBLIOGRAPHY: Books

1. The Athlete in You: A Sportsmedicine Self-Care Guide
2. Doctors: Understanding Finding and Paying for Medical Care

PUBLICATIONS:

- 1. Hallisey, MJ, Doherty, N, Bennett, WF, Fulkerson,JP: Anatomy of the Junction of the Vastus Lateralis Tendon and the Patella. J.B.J.S. 69A(4) April 1987 p545-549**
- 2. Bennett, WF, Doherty, N, Hallisey, MJ, Fulkerson,JP: Insertion Orientation of Terminal Vastus Lateralis Obliquus and Vastus Medialis Obliquus Muscle Fibers in Human Knees. Clinical Anatomy. 6:129-134 ,1993**
- 3. Bennett, WF, Gerber, C: Operative Treatment of the Rheumatoid Shoulder. Current Opinion in Rheumatology 6:177-182, 1994 p177-182**
- 4. Bennett, WF, Browner, B: Tibial Plateau Fractures:Associated Soft Tissue Injuries. J. of Orth Trauma, June 1994 p183-188**
- 5. Bennett, WF: Lateral Ankle Sprains: Part I. Anatomy,Biomechanics, Diagnosis and Natural Sequelae Orth Review Vol.23 No.5, May 1994 p381-387**
- 6. Bennett, WF: Lateral Ankle Sprains: Part II. Treatment of Acute and Chronic Injuries. Orth Review, June Vol. 23 No.6, June 1994 p504-510**
- 7. Bennett, WF: A Technique for Reconstructing the Calcaneofibular Ligament in Chronically Unstable Lateral Ankle Sprains. Developed in a Cadaveric Model Journal of Orthopaedic Technique, Vol.2 No.4 December 1994 p139-154**
- 8. Bennett WF, Sisto D: Arthroscopic Lateral Knee Portals Revisted. The Safe ZonesAmerican Journal of Orthopaedics, July, 1995**
- 9. Bennett WF, Sisto D: Arthroscopic Lateral Release; A Cadaveric Study of Open and Arthroscopic Anatomy. Electronic Journal of Orthopaedics. www.ejo.org 1996**
- 10. Bennett WF: The Specificity of the Speed's Test. Arthroscopy. Nov-Dec, 1999, 484.**
- 11. Bennett WF: Sequential Arthroscopic Release of the Shoulder in Adhesive Capsulitis. Arthroscopy. March Vol. 16 2000 p142-151**
- 12. Bennett WF: Techniques for Visualizing Rotator Interval Lesions and the Bicipital Sheath. Arthroscopy. Jan Vol 17 2001, 107-111**
- 13 Bennett WF: Subscapularis, Medial and Lateral Coracohumeral Ligament Insertion Anatomy. Arthroscopic Appearance and Incidence of the "Hidden" Rotator Interval Lesion. Arthroscopy. Feb Vol. 17 No.2, 2001**
- 14. Bennett WF: Arthroscopic Repair of Complete Supraspinatus Tears. 2 Year Follow-up. Arthroscopy, March 2003**
- 15. Bennett WF: Arthroscopic Repair of Complete Subscapularis Tears. 2 Year Follow-up. *Arthroscopy*, February 2003**
- 16. Bennett WF: Arthroscopic Repair of Complete Anterosuperior Rotator Cuff Tears. 2-Yr F/U Arthroscopy, January 2003**
- 17. Bennett WF: Arthroscopic Repair of Massive Rotator Cuff Tears. 2-Year Follow-up Arthroscopy, April 2003**
- 18. Bennett WF: Arthroscopic Bicipital Sheath Reconstruction-(Pulley Repair). 2-4 Year Follow-up Arthroscopy, November 2004**

ABSTRACTS:

1. Bennett, WF, Doherty, N, Hallisey, MJ, Fulkerson, JP: A Uniplanar Model for Medial and Lateral Quadriceps Support of the Patella. AOA Resident's Conference, Orth. Transactions, Fall 1990
2. Bennett WF, Browner Bruce: Tibial Plateau Fractures. Associated Soft Tissue Injuries AAOS 1993, Orth.Transactions, Spring 1994
3. Bennett WF, Sisto Domenick: Technical Highlights of Meniscal Allograft Surgery.AAOS 1995, Orth. Transactions, Spring 1995
4. Bennett WF: A Technique for Reconstructing the Calcaneofibular Ligament in Chronically Unstable Lateral Ankle Sprains. Developed in a Cadaveric Model. AAOS 1995, Orth. Transactions, Spring 1995
5. Bennett WF, Browner Bruce: Tibial Plateau Fractures. Associated Soft Tissue Injuries. The Year Book of Orthopedics. 1995. Mosby-Year Book
6. Bennett WF: The Specificity of the Speed's Test. AAOS 1996, Orth. Transactions, Spring, 1996
7. Bennett WF: Sequential Arthroscopic Release: Shoulder Capsule. AAOS 1997, Orth. Transactions, Spring, 1997
8. Bennett WF: Sequential Arthroscopic Release of the Shoulder Capsule for Adhesive Capsulitis. Abstract, Arthroscopy, June 1997 Vol.13 No.3, pg381
9. Bennett WF: Arthroscopic Subscapularis Repair: Two Year Follow-up. AAOS 1998, Orth Transactions, Spring, 1998
10. Bennett WF: Bioabsorbable Soft Tissue Fasteners. Arthroscopy, June 1998 Vol.14 No.5
11. Bennett WF: Arthroscopic Subscapularis Repair: Two Year Follow-up. Arthroscopy, June 1999
- 12 Bennett WF: Arthroscopic Evaluation of the Subscapularis Tendon. A Needed Addition to Routine Arthroscopic Shoulder Evaluation. Arthroscopy, October, Vol. 15 No 7, Suppl 1, 1999, p61
13. Bennett WF: The Not So Hidden "Hidden" Rotator Interval Lesion. Arthroscopic Anatomy/Diagnosis and Repair. Arthroscopy, October, Vol. 15 No 7, Suppl 1, 1999, ps61
14. Bennett WF: Subscapularis, Medial and Lateral Coracohumeral Ligament Insertion Anatomy. Arthroscopic Appearance and Incidence of the "Hidden" Rotator Interval Lesion. Orth Trans Spring 2000
15. Bennett WF: Arthroscopic Repair of Complete Supraspinatus Tears. 2 Year Follow-up. Arthroscopy, March, 2003
16. Bennett WF: Arthroscopic Repair of Complete Subscapularis Tears. 2 Year Follow-up. Arthroscopy, January, 2003
17. Bennett WF: Arthroscopic Repair of Complete Anterosuperior Rotator Cuff Tears. 2 Year Follow- up. Arthroscopy, February, 2003
18. Bennett WF: Arthroscopic Repair of Massive Rotator Cuff Tears. 2-Year Follow-up. Arthroscopy, April, 2003

POSTER EXHIBITS:

1. Bennett WF: A Uniplanar Model for Medial and Lateral Quadriceps Support of the Patella The University of Connecticut School of Medicine, Research Day, 1987
2. Bennett WF: A Uniplanar Model for Medial and Lateral Quadriceps Support of the Patella. American College of Surgeons, Dallas, Tx 1989
3. Bennett WF: Tibial Plateau Fractures: Associated Soft Tissue Injuries. AAOS Annual Meeting New Orleans, La. February 1994
4. Bennett WF: Technical Highlights of Meniscal Allograft Surgery AAOS Annual Meeting, Orlando, FL.1995
5. Bennett, WF: A Technique for Reconstructing the Calcaneofibular Ligament in Chronically Unstable Lateral Ankle Sprains. Developed in a Cadaveric Model. AAOS Annual Meeting Orlando, FL. 1995
6. Bennett, WF: The Specificity of the Speed's Test. *AAOS Annual Meeting*. Atlanta, FL. 1996
7. Bennett, WF: Sequential Arthroscopic Release of The Shoulder in Adhesive Capsulitis. AAOS Annual Meeting. San Francisco, Ca. 1997
8. Bennett, WF: Arthroscopic Subscapularis Repair. AAOS Annual Meeting. New Orleans, LA. 1998
9. Bennett, WF: Arthroscopic Subscapularis Repair. ESSKA, 8TH CONGRESS. Nice, France 1998
10. Bennett, WF: Arthroscopic Subcoracoid Decompression. ESSKA, 8TH CONGRESS. Nice, France 1998
11. Bennett, WF: The Specificity of the Speed's Test. ESSKA, 8TH CONGRESS. Nice, France 1988
12. Bennett WF: Arthroscopic Subscapularis Evaluation. AAOS, Annual Meeting, Anaheim, CA, 1999
13. Bennett WF: Arthroscopic Subscapularis Evaluation. ISAKOS, Annual Meeting, Washington, DC, 1999
14. Bennett WF: Arthroscopic Repair of Massive Rotator Cuff Tendons: Arm Positioning and Screw placement. AANA 2001, Seattle, Washington

PRESENTATIONS:

1. Bennett WF: "Patellar Malalignment". Surgical Scholars. The University of Connecticut School of Medicine, Farmington, Ct. 1987
2. Bennett WF: "A Uniplanar Model for Medial and Lateral Quadriceps Support of the Patella". 28th National Student Research Forum, Galveston, Tx, 1987
3. Bennett WF: "A Uniplanar Model for Medial and Lateral Quadriceps Support of the Patella". American Orthop. Association Resident's Conference Newport Beach, Ca. 1990
4. Bennett WF: "The Anatomy of the Flexor Tendons in the Hand." Hand Conference, The University of Texas Medical School, Houston, Tx. Sept. 1990
5. Bennett WF: "Compressive Neuropathies of the Upper Extremity". Hand Conference. The University of Texas Medical School, Houston, Tx. Oct. 1990

6. Bennett WF: "Tibial Fractures". Orthopaedic Trauma Conference. The University of Texas Medical School, Houston, Tx. Oct. 1990

7. Bennett WF: "Cervical Spine Fractures". Orthopaedic Trauma Conference. The University of Texas Medical School, Houston, Tx. March 1991

8. Bennett WF: "Thoracolumbar Spine Fractures". Orthopaedic Trauma Conference, The University of Texas Medical School, Houston, Tx. March 1991

9. Bennett WF: "Clubfoot". Didactic Presentation. The Shriner's Hospital for Crippled Children, Houston, Tx. 1991

10. Bennett WF: "Knee Dislocations". Orthopaedic Trauma Conference The University of Texas Medical School, Houston Tx. June 1991

11. Bennett WF: "Calcaneal Fractures". Orthopaedic Trauma Conference. The University of Texas Medical School, Houston Tx. September 1991

12. Bennett WF: "Tibial Plateau Fractures". Orthopaedic Trauma Conference, The University of Texas Medical School Houston, Tx. August 1992

13. Bennett WF: "Proximal Humeral Fractures". Orthopaedic Trauma Conference, Houston, Tx. January 1993

14. Bennett WF: "The Patellofemoral Joint". Didactic Presentation. Shriner's Hospital for Crippled Children, Houston, Tx. January 1993

15. Bennett WF: "Brachial Plexus Injuries". Didactic Presentation. Shriner's Hospital for Crippled Children, Houston, Tx. March 1993

16. Bennett WF: "Tibial Plateau Fractures: Associated Soft Tissue Injuries". AO Fellowship MTG, Fribourg, Switzerland April 1993

17. Bennett WF: "Operative Treatment of Recurrent Posterior Shoulder Instability" Presented to the Travelling Fellows of the American Society for Shoulder and Elbow Surgeons Fribourg, Switzerland May 1993

18. Bennett WF: "Sequential Arthroscopic Release of the Shoulder Capsule for Adhesive Capsulitis" AANA Annual Meeting, San Diego, Ca. 1997

19. Bennett WF: "Bioabsorbable Soft Tissue Fasteners: Failure Mode and Exaggerated Inflammatory Response" AANA Annual Meeting, Orlando, FL. 1997

20. Bennett WF: "Arthroscopic Subscapularis Repair: Two-Year follow-Up" ESSKA, 8TH CONGRESS. Nice, France 1998

21. Bennett WF: "Arthroscopic Subscapularis Repair: Two-Year Follow-Up" Florida Orthopaedic Society, Miami, Florida 1998.

22. Bennett WF: Arthroscopic Subscapularis Repair: AANA Annual Meeting, Vancouver, British, Co. 1999

23. Bennett WF: Arthroscopic Subscapularis Evaluation. A Needed Addition to Routine Shoulder Evaluation. ISAKOS, Washington, DC 1999

24. Bennett WF: The "Not-So-Hidden" Hidden Rotator Interval Lesion. ISAKOS, Washington, DC 1999

25. Bennett WF: The "Not-So-Hidden" Hidden Rotator Interval Lesion, Florida Orthopaedic Society, Annual Meeting, Destin, Florida, 1999

26. Bennett WF: Arthroscopic Inferolateral Coracoplasty, Florida Orthopaedic Society, Annual Meeting, Destin, Florida, 1999

27. Bennett WF: Electronic Media in Sportsmedicine, ICL, ISAKOS, Washington, DC 1999
28. Bennett WF: Arthroscopic Bicipital Groove Reconstruction, AANA, Phoenix, AZ 2003
29. Bennett WF: CME Credits Work Comp- Shoulder Injuries, Sarasota, FL. 2004
30. Bennett WF: CME Credits Work Comp- Knee Injuries, Sarasota, FL. 2004
31. Bennett WF: How Arthroscopy Helps One Stay Active While Aging, Senior Friendship, Sarasota, FL. 2004
32. Bennett WF: CME Credits Work Comp- Shoulder Injuries, Sarasota, FL. 2005
33. Bennett WF: CME Credits Work Comp- Knee Injuries, Sarasota, FL. 2005
34. Bennett WF: How Arthroscopy Helps One Stay Active While Aging, Senior Friendship, Sarasota, FL. 2005
35. Shoulder Surgery Controversies, Newport Beach, Ca, 2005
Subscapularis Tears: Arthroscopic Management Technique and Results
Arthroscopic Anatomy and Reconstruction of the Biceps Pulley
35. Bennett WF: CME Credits Work Comp- Shoulder Injuries, Sarasota, FL. 2006
36. Bennett WF: CME Credits Work Comp- Knee Injuries, Sarasota, FL. 2005
37. Bennett WF: How Arthroscopy Helps One Stay Active While Aging, Senior Friendship, Sarasota, FL. 2006
38. Bennett WF: Grand Rounds. CME Credits. Sarasota Memorial Hospital, August, 2006,
Subscapularis Tears: Arthroscopic Management Technique and Results
Arthroscopic Anatomy and Reconstruction of the Biceps Pulley
39. Bennett WF- Correlation of the SLAP and the Pulley. Annual ANNA San Francisco, 2007
40. Bennett WF: Correlation of the SLAP and t